



CENTRAL CAIRNS SWIMMING

Transition Development and Optus Junior Dolphin Meet.

Saturday September 29th, 2018



Woree Aquatic Centre

Pool Close, Woree



GATES OPEN AT 11.00 FOR 11.30 JUNIOR DOLPHIN START.

CENTRAL SWIMMING CARNIVAL 12.30 WARM UP FOR 1.30PM START

Session 1: 11.30am: Optus Junior Dolphin: Nominate and pay on the day, \$10 per Swimmer

Event	Age	Distance	Stroke
1	10 & Under	12 ½ or 25	Freestyle
2	10 & Under	12 ½ or 25	Backstroke
3	10 & Under	12 ½ or 25	Breaststroke
4	10 & Under	12 ½ or 25	Kickboard Race
Novelty Events			

Session 2: 12.30 warm up: 1.30 Start

Swimming Queensland Members Only

M	F	Age	Distance	Stroke
5 Mixed		8 & Over	50	Freestyle Finns
6	7	8 & Over	100	Butterfly
8	9	8 & Over	50	Backstroke
10	11	8 & Over	100	Breaststroke
12	13	8 & Over	50	Freestyle
14 Mixed		8 & Over	4 x 50	Novelty Relay
15	16	8 & Over	50	Butterfly
17	18	8 & Over	100	Backstroke
19	20	8 & Over	50	Breaststroke
21	22	8 & Over	100	Freestyle
23 Mixed		8 & Over	100	Freestyle Kick

Nominations Close 24th September 2018

Nomination Fee \$4.00+ Relays Free
All coaches free with ASCTA Card

Carnival Programs will be available online at
<https://fnq.swimming.org.au/>



Contact Aneta Hallett
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Conditions and Entry Information:

1. The meet will be conducted under the rules of FINA and by-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
2. All decisions taken will be at the discretion of the Chief Referee of the day.
3. Age shall be as on 29 September 2018
4. Must have your own FINS for event 5. Event 5 and 23 will be seeded of 50 Freestyle times.
6. Relays will be organised on the day.