



TAS Swimming Cairns

Long Course Preparation Meet 2018

Friday 5th & Saturday 6th October

Friday – Gates open 4.30pm for 5.30pm START

M	F	Age Group	Distance & Stroke
01	02	11 & Over	400 Freestyle
03	04	11 & Over	200 Breaststroke
05	06	10 & Over	100 Backstroke
07	08	8 & Over	50 Butterfly
09	10	10 & Over	200 Individual Medley
11	12	10 & Over	100 Freestyle
13	14	8 & Over	50 Backstroke

Saturday - Gates open 8.00am for 9.00am START

M	F	Age Group	Distance & Stroke
15	16	11 & Over	200 Butterfly
17	18	10 & Over	100 Breaststroke
19	20	8 & Over	50 Freestyle
21		11 & Over	1500 Freestyle
	22	11 & Over	800 Freestyle
23	24	11 & Over	200 Backstroke
25	26	10 & Over	100 Butterfly
27	28	8 & Over	50 Breaststroke
29	30	10 & Over	200 Freestyle
31	32	11 & Over	400 Individual Medley

CONDITIONS OF ENTRY

1. The meet will be conducted under the rules of FINA and By-laws of Swimming Australia (SAL) and Swimming Queensland (SQ).
2. All competitors must be currently registered members of an affiliated SAL club or a visiting member of a club in a FINA registered nation.
3. All decisions taken will be at the discretion of the Chief Referee of the day.
4. In the event of a protest, a fee of \$100 is to be paid with a written protest not later than 30 minutes following the conclusion of the event (SAL CBL 12).
5. Ages will be calculated as at the 6th October 2018.
6. Swimmers must be nominated through online nominations only via www.fnq.swimming.org.au
7. Nomination fee of \$5.00 per event including all surcharges.
8. Nominations close midnight 1st October 2018.
9. Late nominations accepted 30 minutes prior to meet start time, \$15 per event late fee applies.
10. Entry fee of \$3.00 per non-swimmer on the Saturday of competition will be charged at the gate.
11. Meet programs will be available on the FNQRSA and TAS Swimming website; limited programs will be available at the gate for \$3.00 each.
12. In nominating for this meet, swimmers agree that they may be photographed and that the images may be used in publications, websites or social media sites.
13. It is a condition of entering this meet that your club understands timekeeping is required by all clubs and is allocated by the number of swimmers your club enters.
14. Results will be multi-aged.



**NOMINATIONS CLOSE
MONDAY 1ST OCTOBER**

Enquiries: Deb Telford
Phone: 0428 875 069
Email: racese secretary.tasswimming@gmail.com